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Kaizen No-Michi News Archive 2011

Wednesday 21st December Last training Session of 2011

Both Tigers and main class students training together for a special fun training session with Sensei Santa.

Merry Christmas and a Happy New Year to Every one. See you in 2012 Saturday 10th December

JKS England Christmas Course with Sensei's Alan Campbell 6th Dan and Scott Langley 5th Dan

A very enjoyable yet demanding course to end the year with Sensei's Alan Campbell and

Scott Langley. Osu

Saturday 3rd December

Kaizen No-Michi Christmas Party and Annual Student Awards Presentation

Great Party, Great Costumes, Almost great singing on the Karaoke, Great Funky Kata, And most of all Great Students. Hope you all enjoyed the evening as much as Sensei's Andy and Jackie. Osu

Saturday 3rd December

Kaizen No-Michi Course and Kyu Gradings

With Sensei Steven Carless 5th Dan

Well Done to Matthew Ross, Chris Woods, Teresa Tuplin, Simon Short and Beckham Tuplin on taking another step on the Path to Constant and Never Ending Improvement.

Sunday 27th November

Japan Karate Shotorenmei England Open Karate Championships

Nottingham Wildcats Arena

A very impressive total of 10 medals Won at the JKS National Open Championships for Kaizen No-Michi.

Results: Charlie Kershaw - Silver - Kumite 5-6yrs, Ben Clipsham - Bronze - Kumite 5-6yrs,

Josh Sykes - Bronze - Kumite 7-8yrs,

Teresa Tuplin - Gold - Womens Kyu Grade Kumite 35+, Simon Short - Bronze - Mens Kyu

**Grade Kumite,** Lynne Short - Silver - Womens Senior Kumite 35+, Alice Hylton - Bronze - Girls Kata 10-15yrs, Jade Taylor - Silver - Girls Kumite 14-15yrs, Sensei Jackie Jones - Bronze - Womens Kumite 19+ and Bronze - Womens Kumite 35+ Well Done to all our Tigers/Students who entered this prestigious event. Osu Saturday 26th November **NELSA North East Lincolnshire Sports Association** 

Beechcomber, Cleethorpes

Congratulations to NELSA award nominees Sensei Jackie Jones, Alice Hylton and Lacie

Stembridge.

Results: Lacie - Best Improved Sports Person Award. Jackie - Coaches Award (2nd Place)

For more information about this event click here

Saturday 24th - 25th September

Japan Karate Shotorenmei World Championships Edinburgh, Scotland

A Very impressive haul of medals for Kaizen No-Michi, as part of the JKS England Squad. 1 Gold, 3 Silver and 3 Bronze. For more information click here Saturday 10th September Kaizen No-Michi Course and Kyu Gradings With Sensei Steven Carless 5th Dan

Congratulations to all our students who passed their kyu grades. Thank You to Sensei

Carless, Instructors and Students from Walsall and York

for travelling to Grimsby to support us. Osu

Sunday 19th August 2011

JKS England Squad Training

with Paul Giannandrea 5th Dan, Sensei Alan Campbell 6th Dan, Steven Carless 5th

Dan

Squad training in preperation for the JKS World Championships, Scotland Saturday 18th August 2011 JKS Grimsby Course with Sensei Alan Campbell 6th Dan

A very inspirational and informative day of training with Sensei Alan Campell 6th Dan. His first visit to Kaizen No-Michi was a huge success and we look forward to his return in the future. Osu

Saturday 18th August 2011

Kaizen Tigers Course

with Sensei Alan Campbell 6th Dan

Kaizen Tigers. Saturday 16th July 2011 Kaizen No-Michi Bag Pack at Tesco

Cleethorpes

Many Thanks to Dawn, Lewis, Lynne, Jade, Lauren, Tom, Miroslaw, Lacie, Eden, Star,

Debbie, Eden's Nan and Ethan

for helping out at the bag pack.

We raised a massive £130.44 in 2 hours for the JKS Squad and Emily Bailes Fund. Also a big

Thank You to everyone who donated.

Friday 8th - Sunday 10th July 2011

JKS Summer Camp

Torbay Leisure Centre, Paignton, Devon

A great course with JKS England Chief Instructor Sensei Alan Campbell 6th Dan and our

What an amazing weekend! Three days of training at Torbay Leisure Centre and on the beach in Quay West with Sensei's Alan Campbell 6th Dan, Ken Organ 6th Dan, Scott Langley 5th Dan and Steve Carless 5th Dan. Well Done to Lacie Stembridge on achieving Shodan

(1st Degree) Black Belt. Lacie is Kaizen No-Michi's first student to achieve Black Belt from

joining as a beginner. She is a credit to our Karate School. Osu

Sunday 19th June

York Course and Gradings

With Sensei Campbell 6th Dan and Sensei Koike 5th Dan

A great day in York training with Sensei's Campbell and Koike.

Saturday 18th June

Kaizen No-Michi Course and Kyu Gradings

With Sensei Steven Carless 5th Dan

Congratulations to the following students on passing their Kyu grades. Beckham Tuplin, Kevin Pykett, Danielle Souter, Chris Woods, Teresa Tuplin, Sarah Taylor and Martyn Smith. Also Many Thanks to Sensei Steven Carless and everyone who travelled over from Walsall and Selby to support us. Osu For full Report by Selby Karate Club of the course and gradings Click Here

Sunday 15th May 2011

JKS Ireland Karate Championships

A great day for Sensei's Andrew and Jackie Jones and students Luke Townsend, Alice

Hylton and Lacie Stembridge being their first time representing JKS England. All performed

well each progressed through rounds. Andrew now mens 40+ Kumite JKS Irish open

champion and Jackie 2 Silvers: Womens Senior Kumite & 35+ Kumite & also Bronze

**Womens Kata** 

Friday 29th April

Open EKF England Squad training with Sensei Wayne Otto

JKS England members Luke Townsend, Lewis Simpson, Lacie Stembridge, Alice Hylton and **Craig Williams** at the Open EKF England Squad training with Sensei Wayne Otto Friday 11th March - Sunday 13th March JKS Technical Seminar with Sensei's Masao Kagawa 8th Dan, Alan Campbell 6th Dan

and Scott Langley 5th Dan

Nottingham

Students Jade Taylor, Lewis Simpson and Lacie Stembridge travelled down to Nottingham

with Sensei's Andrew and Jackie to the JKS Technical Seminar with our World Chief

Instructor Masao Kagawa 8th Dan with assistance from

Sensei Alan Campbell 6th Dan and Sensei Scott Langley 5th Dan.

The course was very inspirational and beneficial to us all in our path to constant and never

ending improvement. (Kaizen No-Michi)

Saturday 19th February Seibukan Childrens Karate Competition Nottingham

A fantastic day and excellent results for our four students who competed at the Seibukan

Childrens Karate Championships in Nottingham.

Results: Jade Taylor - 3rd place Individual Kumite

Alice Hylton - 1st place Individual & Team Kata, 2nd place Individual & Team Kumite.

Lacie Stembridge - 1st place Individual & Team Kumite, 1st place Team Kata. Awarded Best

Female Competitor of the Day.

**Beckham Tuplin - 1st place Team Kata** 

Sunday 30th January JKS Brown & Black Belt Course with Sensei Alan Campbell 6th Dan Nottingham

A great day of training at the first JKS Brown and Black Belt Course of 2011 with Sensei

Alan Campbell 6th Dan.

The course was followed by national squad training with Sensei's Alan Campbell 6th Dan

and Steve Carless 5th Dan.

Monday 17th January - Sunday 23rd January 2011 Kangeiko 2011 Cleethorpes Beach

warm up both students and instructors took to the local roads and beach for a 20 minute run. This followed every morning by intensive training sessions. Well Done to all our students who attended. Kaizen No-Michi School of Shotokan Karate - JKS Grimsby - All rights reserved

A great start to the new year with the traditional Japanese 7 day Winter Training - Kangeiko.

The challenge being the start in the cold and darkness at 6am in Cleethorpes. After a quick